

DESIGN A HEALTHY LUNCH BOX COMPETITION!



Over the next week we shall be holding a competition to design a healthy lunch box.

Please see the attached Eatwell Guide which shows the different elements of a healthy meal. This will help students create a delicious and nutritious packed lunch and.....don't forget the drink!

It's up to the student how they present the healthy lunch box but here are some suggestions:

- A colourful poster with some catch phrases to promote the healthy message
- A labelled drawing of a healthy lunch box
- A lunch box collage with labels/packaging/magazine pictures of the contents
- A 3D box with 3D contents made from foam, fabric, card etc.

There will be 4 categories: Nursery & Reception / Y1 & Y2 / Y3 & Y4 / Y5 & Y6 and the winner from each category will receive a prize!

All entrants will receive an Effort Award (Y3 – Y6) or a Golden Point (Nursery – Y2)

The closing date is **31/10/2018** and make sure you put your **name** and **category** on your lunch box. ***GOOD LUCK EVERYONE!***